

## **Advising Conference - Proposal Abstracts**

Annie Eaton, Center for Student Support and Care, University of Notre Dame

### **Practical Language in Guiding Mental Health among College Students (Workshop)**

- Mental health has been a rising concern among college students, especially due to the Covid pandemic that led to many amplified challenges and barriers. Mental health is integral to student academic success. Collaborative support starting with the academic advisors to campus partners acts as a critical point when making sure there is help when needed. This session focuses on language from solutions focused and motivational interviewing to build a supportive and positive environment for students in exploring a different lens to foster rapport building, retention, and mental support, a sense of belonging as well as psychological safety.

Peter Barnes, University Counseling Center, University of Notre Dame

### **I CAN Help: Suicide Prevention Training: Part 1 (Workshop)**

- In this two-part workshop, Dr. Peter Barnes will describe I CAN Help, a suicide prevention and mental health literacy training designed to help faculty, staff, and students identify students who are at risk, respond in a compassionate and helpful manner, and connect them with resources.

Kayla Laureano, Notre Dame International, University of Notre Dame

### **Unlocking the World: The Keys to Guiding Students in Study Abroad at Notre Dame (Presentation)**

- Discover the truth about study abroad as we dispel myths, guide you on how to advise students to pick a location that aligns with their goals, and provide essential tips for maximizing their time abroad. Join us for an insightful presentation that empowers your students to make informed decisions and turn their global aspirations into reality.

Kasey Swanke, Keough School of Global Affairs Dean's Office, University of Notre Dame

### **Advising Students with Disabilities: Supporting Accessibility Rather Than Relying on Accommodations (Presentation)**

- Supporting students with disabilities should entail striving for accessibility for all rather than relying on individual accommodations that must be sought and granted. This session will offer attendees several practical approaches to proactively support all students and colleagues.

Aaron Burdin, College of Engineering Dean's Office, University of Notre Dame

### **Advising as a Narrative. The Power of the Student Story (Presentation)**

- Stories capture our hearts and minds. It is the way we see the world and see ourselves. Advising is more than just giving students options on what courses to take. Advisors have the opportunity to enter the story of the student and join the journey wherever it may go.

Colleen Geier, Deaf Studies-Sign Language Interpreting, Goshen College

*There's More to Advising than Course Schedules: A Holistic Approach (Presentation)*

- Advising is about more than academics. Every aspect of a student's life impacts the success of their college experience. With a holistic approach to advising, we can provide support for students that will foster their growth in all areas of their lives and that is measured beyond their GPA.

James Keating, Notre Dame International, University of Notre Dame

*Four Agreements Advising (Lightning Talk)*

- The Four Agreements Advising Philosophy transforms student guidance in simple terms. Learn practical strategies for fostering trust, empathy, and growth in advising relationships, empowering both advisors and their students.

Julia Qian and Mike Seelinger, College of Engineering, University of Notre Dame

*A New Blueprint for Collaborate Advising Model (Presentation)*

- What are the implications of the Boyer's report regarding academic advising? How does collaborative advising work in reality? This session analyzes the dynamic relationship and collaboration between the professional academic advising team and the academic department faculty advisors in the College of Engineering.

Itxzul Moreno, Transformational Leaders Program, University of Notre Dame

*Walking with Our Scholars: A Model of Adaptive Academic Accompaniment (Presentation)*

- This conversation invites participants to consider the strategic weaving of academic and developmental themes in student meetings/conferences as a way of providing more intentional and interdisciplinary accompaniment in holistic education. In particular, we'll focus on how our Education and Outreach Specialists at the University of Notre Dame's Transformational Leaders Program integrate an Adaptive Academic Accompaniment model (AAA) as a way of proactively identifying, naming, and responding to the nuances of our scholars' educational journeys, especially given how differences in forms of academic, social, and financial capital have presented for FGLI students in our scholars program.

David Griffith, Center for University Advising, University of Notre Dame

*Telling About Learning: How Narrative Medicine Practices and Methods Can Enhance the Practice of Advising (Workshop)*

- This workshop will be a hands-on, interactive introduction to the close reading and listening strategies used in the growing interdisciplinary field of Narrative Medicine, and how these strategies can assist academic advisors in building stronger, more empathetic relationships with their advisees, while also helping their advisees to re-imagine their own relationship to, and take ownership of, their education.

Lorin Ostojic, Academic Services for Student-Athletes, University of Notre Dame

*Blueprints for Academic Remodels: A DIY Workshop for Advisors (Workshop)*

- Calling all advisor-DIYers! This workshop will introduce an academic recovery plan template created by a Counselor in ND's Academic Services for Student-Athletes.

Participants will use this model to draft a blueprint of their own based on an advisee encountering academic difficulty. Accountability vs. support is a key theme we'll explore.

Peter Barnes, University Counseling Center, University of Notre Dame

*I CAN Help: Suicide Prevention Training: Part 1 (Workshop)*

Juan Maldonado, Office of Student Success, Holy Cross College

*Calling Your Students "Friends": Academic Advising, Personal Mentoring, and Holistic Support (Roundtable Discussion)*

- At Holy Cross College, first-year Academic Advisors serve as personal mentors to students while also navigating conversations with other offices and personnel on campus to provide holistic support. The relationship developed in the first year doesn't end when students declare their major though. Come discuss personalized advising HCC style!

Gabby Bradshaw, Keough School of Global Affairs, University of Notre Dame

*Circle for Advisors (Workshop)*

- This workshop is an invitation for those who are interested in participating in a Restorative Justice Community Building Circle in order to build deeper relationships with their colleagues, share stories related to their advising work, and walk away with fresh ideas on how to engage with a diverse student body. No prior experience is needed!

Robyn Centilli, Center for University Advising, University of Notre Dame

*Navigating College Success for First Generation and/or Low-Income Students (Presentation)*

- This presentation explores challenges faced by First Generation and/or Low-Income college students, covering academic, social, and resource aspects. It provides insights for advisors and campus partners to develop effective strategies, emphasizing the importance of understanding individual experiences and creating inclusive advising environments for a more supportive campus community.

Kelly Harrington, Center for University Advising, University of Notre Dame (Moderator)

*Student Perspectives on Advising, featuring Mia McLoughlin (Junior, Accounting), Christina Ayón (First-Year, Political Science), Aiza Flores (Gateway student, Political Science & Global Affairs), Billy Micard (Senior, Finance & Real Estate), and Jack Nelson (Sophomore, Neuroscience & Behavior)*

- This panel, which includes students from various majors and years, will share their experiences of advising; discuss perspectives on the advisor-advisee relationship; and offer suggestions for what works best in advising for them.

Annie Eaton, Center for Student Support and Care, University of Notre Dame

*Transformative, Holistic Advising for Underresourced Students (Presentation)*

- Under-resourced students are one of the most diverse, vulnerable populations in the collegiate landscape and historically difficult to retain. Collaborative models of advising, supplemental support programs, and case management allows for a transformational

and holistic model of accompaniment. This cooperative support builds community, boosts retention/academic performance, and fosters belonging.

David Griffith, Center for University Advising, University of Notre Dame

*What's In a Drop?: Data-Driven Insights into Why Students Drop and When We Should Be Concerned* (Presentation)

- Using course drop survey data from the last several years, first-year academic advisers in the College of Arts and Letters will reflect on changing student attitudes about course discontinuance, when it is appropriate to suggest that a student remain in a course, and how to have such conversations.

Sarah Heiman and Lindsay Wulf, Center for University Advising; and Molly Mueller, Academic Services for Student-Athletes, University of Notre Dame

*Work Smarter, Not Harder* (Presentation)

- Metacognition in the area of learning and study skills is key for students to gain awareness and understanding of how they best learn and study, and therefore be more successful in the classroom. We will be providing tangible strategies, resources, and activities to use with students to help them study smarter, not harder.

Andrew Wendelborn, Mendoza College of Business, University of Notre Dame

*What's Happening in Mendoza*

- This presentation will showcase the new Mendoza college core curriculum that was adopted two years ago, along with the many new minors that have been created. The Mendoza minor request/application process also will be shared. The session will finish with ample Q&A time for participants.

*Maximizing Mendoza*

- "Maximizing Mendoza" was created with the intent to help first-year business students better discern their academic journey and career passion. Course features included presentations by each Mendoza academic department, a student panel, and an introduction to career resources and a student's professional brand. Student feedback was overwhelmingly positive and Mendoza is considering offering two or three sections in fall 2024.

*The Mendoza College of Business Internal Transfer Process*

- Learn about the current internal transfer process for admission to the Mendoza College of Business and share feedback for improvement with Mendoza.

